

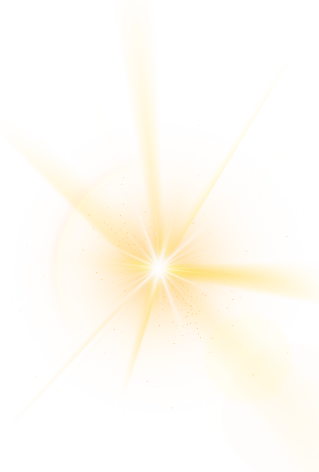
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Leuchtmantel Set

Booklet



Welcome.

How wonderful that your path has led you to me and my cards.
Thank you for your trust, and I'm happy to accompany you for part of your
journey.

These cards are mirrors.
They don't show you a fixed future, but rather the movements of life –
Your questions, your decisions, your inner voice.

This little booklet offers you brief inspirations:
An interpretation for each card, a few simple layout systems, and words that can
accompany you.

Take the cards playfully, but also with mindfulness.
Don't just trust the images, but above all, trust what they stir within you.

Because the true answer is not in the cards –
It lies in your heart.

I wish you much joy and good, inspiring insights.

Your

Sabine M. Loginova





1. The rider

Messages · Movement · New Beginnings A messenger brings news, a movement is set in motion. A breath of fresh air heralds change.

"I welcome new ideas."



C



3. The Ship

Travel · Longing · Distant Lands The ship carries you to new worlds. Movement, discovery, and wanderlust accompany you.

"I am opening myself up to new horizons."



4. The House

Security · Family · Structure The house provides security and protection. It signifies stability and stability.

"I find security within myself."



5. The Tree

Health · Growth · Stability The tree symbolizes peace, healing, and patience. Roots provide support as you grow.

"I grow in peace and strength."



6. The Clouds

Uncertainty, doubt, transition: Temporary uncertainty hangs in the air. After the fog lifts, clarity emerges.

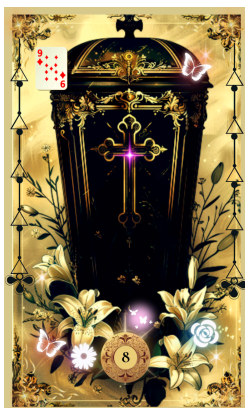
"I trust that clarity will return."



7. The Snake

Detours · Cunning · Wisdom Not everything is as it seems. Mindfulness protects against deception and opens new paths.

"I follow my intuition with mindfulness."



8. The Coffin

End · Transformation · New Beginning. A cycle closes. In letting go lies the power of renewal.

"I let go and open myself to change."



9. The Flowers

Joy · Gift · Invitation A token of appreciation or a gift reaches you. Beauty is meant to be shared.

"I receive joy and share it with others."



10. The Scythe

Cut · Decision · Clarity A sudden turnaround or a clean break brings truth and change.

"I act clearly and decisively."



11. The Rods

Discussion · Clarification · Repetition A conversation or debate sheds light on the matter. Recurring issues need to be resolved.

"I find truth in honest exchange."



12. The Birds

Conversation · Excitement · Messages: Communication, news, and nervousness. Words carry power – choose them consciously.

"I choose words full of ease."



13. The Child

New beginnings · Innocence · Trust. Something new is emerging. With openness and wonder, your world grows.

"I see the world with wonder."



14. The Fox

Cunning, deception, caution: Not everything is sincere. Intuition protects you and shows you the true path.

"I trust my instincts."



15. The Bear

Strength · Protection · Authority. The bear embodies power and assertiveness. Use your inner strength for good.

"I stand powerfully in my center."



16. The Stars

Clarity · Inspiration · Vision. The stars provide guidance and clarity. They remind you of your dreams.

"I follow my inner star."



17. The Storks

Change · New Beginnings · Movement A change brings fresh momentum. Openness to new things leads to growth.

"I welcome change."



18. The Dog

Loyalty, friendship, and commitment: The dog symbolizes true bonding. Loyalty and reliability define your relationships.

"I am true to myself and to others."



19. The Tower

Distance · Retreat · Overview. The tower offers clarity from its height, but also warns against isolation. Balance is required.

"I find clarity in silence."



20. The Garden

Public space · Encounter · Exchange A place of encounter opens up. Community and exchange enrich you.

"I am opening my space to community."



21. The Mountain

Obstacle · Patience · Challenge An obstacle requires patience. With perseverance, your strength grows.

"I grow with my challenges."



22. The Paths

Decision · Choice · Direction A decision lies before you. Your heart knows the right path.

"I trust my heart in every election."



23. The Mice

Loss · Doubt · Energy drain. Something is gnawing at your strength. Awareness shows you what you need to protect.

"I recognize what weakens me and let it go."



24. The Heart

Love · Connection · Compassion. The heart brings warmth, affection, and true closeness. Love is your greatest strength.

"I open my heart to love and trust."



25. The Ring

Connection · Contract · Cycles A bond, a promise, or a repetition. Commitment brings support and responsibility.

"I live connection in mindfulness and freedom."



26. The Book

Mystery · Knowledge · The unknown. Something is still hidden. Time will reveal it.

"I am opening myself to the wisdom of life."



27. The Letter

Message · Announcement · Clarity A message reaches you. Words bring revelation.

"I receive messages full of light."



28. The Lord

Energy, responsibility, strength. The Lord embodies clarity and leadership. Action is needed now.

"I act clearly and courageously."



29. The Lady

Intuition · Devotion · Receptivity The lady represents empathy, gentleness and inner strength.

"I trust my inner voice."



30. The Lilies

Harmony · Family · Peace. Lilies bring balance, tranquility and a feeling of security.

"I find peace and balance within myself."



31. The Sun

Success · Joy of life · Energy. The sun brings strength, success, and ease. Everything blossoms in the light.

"I shine with my inner light."



32. The Moon

Feelings · Cycles · Recognition The moon points to intuition and moods. Recognition is assured.

"I honor my intuition and rhythms."



33. The Key

Solution · Security · Insight. The key opens doors. Solutions and clarity are within reach.

"I carry the keys within me."



34. The Fish

Abundance · Flow · Freedom. Fish symbolize wealth, material and spiritual. Everything flows.

"I trust the flow of life."



35. The Anchor

Support · Career · Stability. The anchor provides stability. Pay attention to whether it holds you or binds you.

"I find stability in my center."



36. The Cross

Trial · Destiny · Task The cross is a reminder of responsibility and life's purpose. Trials bring maturity.

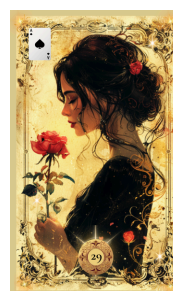
"I find meaning in my exams."

The choice of layout (also called "layout" or "spread") in Lenormand is crucial for how deep, structured, or free your interpretation will be. Each system has a different dynamic – from intuitive and open to highly analytical.

1. Daily card (single card) Purpose: Impulse for the day, short answer, self-reflection

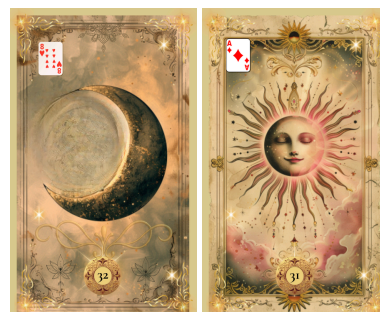
•Types of questions: “What should I pay attention to today?”

Tip: Write down the card every day and observe the effect – this will sharpen your intuition.



2. Two-card spread Purpose: Polarities, decision, cause/effect

Left = cause, right = effect. Or: issue & reaction, I & you, feeling & action.



3. Three-card spread Purpose: To recognize dynamics, development

Popular variants:

- Past – Present – Future
- Situation – Action – Result
- Head – Heart – Action
- Positive – Neutral – Negative

Highly versatile, ideal for daily questions or quick analyses.





In closing, I would like to thank you for choosing this booklet as your companion on your journey.

May the cards bring you clarity, inspiration and confidence – and lovingly remind you of your own strength time and time again.

If you would like a personal card reading or deeper guidance, you are welcome to book a session with me at any time.

I look forward to supporting you on your journey.

Your

Sabine M. Loginova





Imprint (Booklet)

Lenormand – Your Little Companion

Author: Sabine Schalk Loginova

Design: Sabine Schalk Loginova

Illustrations: Sabine Schalk Loginova

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